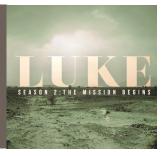
SERMON STUDY GUIDE March 1, 2020

Lord of the Sabbath Luke 6:1-11 Pastor Chris Amdahl Chris.Amdahl@crossroadsabc.com



NOTES

GROUP DISCUSSION

1. Open with prayer. (2-5 min)

2. Share your story ... *How is your mood affected when you get hungry?* (7-10 min)

- 3. Read Luke 5:33-39.
- 4. Discuss these questions with your group. (20-45 min)

Some of the Pharisees said, "Why are you doing what is not lawful to do on the Sabbath?" (Luke 6:2)

What's the most judgmental thing you've ever been asked? (Don't identify the person). How did you respond?

"Have you not read what David did when he was hungry, he and those who were with him: how he entered the house of God and took and ate the bread of the Presence, which is not lawful for any but the priests to eat, and also gave it to those with him?" And he said to them, "The Son of Man is lord of the Sabbath." (vs. 3-5)

When is it justifiable to bend a rule in order to meet a legitimate need? Give examples.

Jesus said to them, "I ask you, is it lawful on the Sabbath to do good or to do harm, to save life or to destroy it?" And after looking around at them all he said to him, "Stretch out your hand." And he did so, and his hand was restored. But they were filled with fury and discussed with one another what they might do to Jesus. (vs. 9-11)

In what area of your Christian life do you most tend to be legalistic? How can you bring grace to yourself, and others, in those situations?

Looking back at your notes from this week's message, was there anything you heard for the first time, stuck with you, challenged or confused you?

What is the one important thing you will take away from this weekend's message or our life group discussion? Is there any challenge, difficulty or praise that you would like to share with the group for prayer?



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PLAN OF ACTION

Plan to take a full 24 hours off this week, doing only those things that refresh you. If that time commitment seems daunting, start out with two hours off, and plan on adding an additional 2 hours of rest (on the same day) each successive week.