

April 19, 2020

Beyond Netflix
Ephesians 5:15-16
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NOTES	 GROUP DISCUSSION Open with prayer. (2-5 min) Share your story What has the quarantine taken from you that you don't want back? (7-10 min) Read Ephesians 5:15-16. Discuss these questions with your group. (20-45 min)
	Teach us to number our days that we may get a heart of wisdom. (Psalm 90:12)
	Apps like "Days Since" will let you plug in your birthday and tell you how many days you've been alive (40 years = 14,600 days; 70 years = 25,550 days). If you had 100 days left, how would you want them to be different than the thousands God has given to you? What would not change?
	Look carefully then how you walk, not as unwise but as wise (Ephesians 5:15)
	Think about a day in your life when you did not demonstrate much wisdon How would that day have been different if you had listened to the Holy Spirit? Where are you likely to drift if you're not deliberate about tapping into God's wisdom?
	making the best use of the time, (Ephesians 5:16)
	How do you prioritize what needs to get done? How can you deliberately improve the influence your words and actions will have on others?
	because the days are evil. (Ephesians 5:16)
	Grit is defined as "courage & resolve." Why will you need an extra measur of grit during these challenging days of quarantine? On a scale of one-to-ten, what's your current "grit level"? What would it take to go up one

Looking back at your notes from this week's message, was there anything you heard for the first time, stuck with you, challenged or confused you?

What is the one important thing you will take away from this weekend's message or our life group discussion? Is there any challenge, difficulty or praise that you would like to share with the group for prayer?

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PLAN OF ACTION

number?

What do you hope will be different for you a year from now (Lord willing) because of this time of quarantine? Who do you want to become? What positive changes would you like to see in your relationships? What is one thing you can do differently this week, by the power of the Holy Spirit, to move toward that change?