

# GROUP DISCUSSION GUIDE

November 1, 2020

DOUBLE YELLOW LINE  
Two Lane Road  
Ephesians 5:25-33  
Pastor Matt Manning  
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## NOTES

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Looking back at your notes from this week's message, was there anything you heard for the first time, stuck with you, challenged or confused you?

What is the one important thing you will take away from this weekend's message or our community group discussion? Is there any challenge, difficulty or praise that you would like to share with the group for prayer?



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## GROUP DISCUSSION

1. Open with prayer. (2-5 min)
2. Share your story ... Describe a time when respecting someone's boundary caused that person to bring you deeper into his or her world. (7-10 min)
3. Discuss these questions with your group. (20-45 min)
4. Read Ephesians 5:25-33.

*"In your marriage or your singleness, glorify God." Pastor Matt*  
If you're married, apply these questions to your relationship with your spouse; if you're single, apply these questions to those with whom you are closest.

Husbands, love your wives, as Christ loved the church and gave himself up for her ... (Ephesians 5:25-27)

**Healthy Boundaries promote healthy lives and healthy relationships.**  
Why is this true? What happens to relationships when boundaries aren't established or respected?

For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, because we are members of his body. (vs. 28-30)

What is your "go-to" boundary buster when conversations start getting a little tense?

Compliant (can't say "no"); Avoidant (can't say "yes"); Controlling (can't hear "no"); Non-Responsive (can't hear "yes").

Why does this work for you? What's the cost?

**"Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." (vs. 31-33)**

How can people "on the outside" of your relationship violate the boundaries you've established? Give some specific examples.

What would motivate people to do this? What's a good response when you realize this is happening?

## PLAN OF ACTION

Identify your boundary-busting tendency and then give permission to someone (who knows you well) to call you out on it when he or she sees it. What would the "healed" version of that boundary buster look like in you?